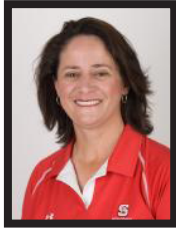


KACI CLARK
Director of Softball
Frozen Ropes



LISA NAVAS
Head Coach
North Carolina State



CHARLIE DOBBINS
Head Coach Peace College



TERRY BURDETTE
Head Coach
Heartbreakers Red
Jr. Olympic Team

“Catch the Early Bird Special”
Jan. 8
8:00 - 11:00 pm
Lisa Navas - NC State

JACKIE DAVIS
Head Coach
Lee Davis High School
(not pictured)



CHRIS MCKNIGHT
Vision Training Expert

THE SOFTBALL BASH

The 2009 Softball Bash has put together an all star staff. With 15 topics devoted to hitting and pitching, we believe you will be able to take away enough tips to improve your pitchers and hitters. As usual, the Bash will also cover other topics that you can use to help prepare your team for 2009.

Kaci Clark is regarded as one of the top pitching instructors in the USA. She embodies the tern great player turned great teacher. Clark, an All American at UCLA, was unbeaten during the Bruins 1995 NCAA title campaign. In 2002 - 03, she was 54 - 2 for the Brackettes. An expert on the biomechanics of pitching, she has traveled worldwide teaching the art of pitching. Kaci is presently the National director of Softball for Frozen Ropes. Bring you pitchers and learn from one of the best.

Lisa Navas is starting her 6th season directing the Lady Wolfpackers. She was the first softball coach at NC State and has quickly built the program into a force in the ACC and on the National scene. During her 15 years as a head coach, she has compiled 540 wins. Lisa spent 9 years as head coach at Barry University, leading them to regional play six times. Regarded as one of the best hitting instructors in softball, she will explore the are of hitting Thursday night at the Bash.

Charlie Dobbins begins his 11th year as head coach at Peace College. He has established the program into a leader in the USA South Atlantic Conference and NCAA Atlantic Region. His blueprint for success stretches 35 years in the sport of softball. As a player and coach, he has led teams to 16 National Championships. As a professional, he toured with the

world famous King and his court. Charlie is considered one of the top pitching and hitting instructors in softball.

Terry Burdette has coached on the Collegiate level, high school level, and travel ball level for the last 18 years. Currently, he is President and Head Coach of the Heartbreakers Organization which includes 6 teams. From 1999 - 2002, he was an assistant coach at Walkersville High School in Maryland. From 2004 - 2005 he was on the staff at Mount St. Mary's University. Serving as head coach with the Heartbreakers, he has won over 500 games. He has coached thirty players who went on the college to play. Terry's knowledge of the game will surely help you prepare your team for the 2009 campaign.

Chris McKnight is a sought after clinician speaking on hitting and vision training. His vision training program is used by many Pro teams and college teams. For 8 years he was the baseball coach at Frostburg State University. During his tenure his teams were annually near the top in offensive production, which he credits to his vision training program. His topics on vision training will help you produce better results for you players.

The 2009 Softball Bash has added **Jackie Davis**, a coach at Lee Davis High School to the staff. She will share ideas that have made Lee Davis one of the top teams in Central Virginia. The clinic promises to be one of the best. Start your softball season at The Bash, you will surely take away tips that will make your 2009 year a success.

REGISTRATION FORM

PREREGISTRATION \$60.00
STUDENTS \$20.00
ONE DAY \$45.00
REGISTRATION AT DOOR \$70.00
F.C.A. BREAKFAST \$5.00

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Make checks payable to and mail to:
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PRESENTS

The Softball Bash

JANUARY 8, 9, 10, 2009 ♦ RICHMOND, VIRGINIA

A PRODUCTION OF THE BASEBALL BASH & SOFTBALL BASH

RICHMOND SHERATON WEST



2009 SOFTBALL BASH SCHEDULE

THURSDAY, JANUARY 8

7:00 - 8:00 pm Registration
 8:00 - 9:25 pm Fundamentals of Hitting; Correcting Hitting Problems - *Lisa Navas (NC State)*
 9:35 - 11:00 pm Slap Hitting - *Lisa Navas (NC State)*

FRIDAY, JANUARY 9

7:30 - 9:00 am Registration
 9:00 - 9:50 am Building Velocity with All Your Pitchers - Size Doesn't Matter - *Kaci Clark (Frozen Ropes UCLA)*
 10:05 - 11:00 am Making Great Hitters Look Silly - How to Teach Your Pitcher to Throw the Change-Up with Confidence in Every Count and Situation - *Kaci Clark (Frozen Ropes UCLA)*
 11:10 - 12:05 am How to Incorporate Vision Training into Your Practice - *Chris McKnight (Baseball Vision Program)*
 12:05 - 1:20 pm Lunch
 12:05 - 12:35 pm LUNCH SPECIAL Third Base Coaching Strategies - *Charlie Dobbins (Peace)*
 1:20 - 2:15 pm Breaking Pitches - The Curve and the Screw (LIVE Demonstration) *Kaci Clark - (Frozen Ropes UCLA)*
 2:25 - 3:20 pm It's Show time - Mental Approach to Game Day Strategies for H.S. Players. Reading Hitters, Dealing with Mistakes (Your pitcher's or Fielders') and Owing Pressure Situations - *Kaci Clark (Frozen Ropes UCLA)*
 3:25 - 7:35 pm **THE BASH**

SATURDAY, JANUARY 10

7:30 - 9:00 am Registration
 7:30 - 8:30 am Fellowship of Christian Athletes Breakfast
 9:00 - 9:45 am All Aspects of the Bunting Game - *Charlie Dobbins (Peace)*
 9:55 - 10:40 am Outfield Play and Drills - *Terry Burdette (Heartbreakers Red Jr. Olympic Team Question & Answer Session -Burdette, Dobbins and Davis)*
 10:50 - 11:35 am
 11:35 - 12:50 pm **Lunch**
 12:50 - 1:35 pm Common Sense Coaching and Practice Organization - *Terry Burdette (Heartbreakers Red)*
 1:45 - 2:30 pm Skills Necessary to Be a Great Catcher - *Charlie Dobbins (Peace)*
 2:40 - 3:25 Calling Pitches, Location, Pickoffs, and Pitchouts (How, When, Why?) - *Terry Burdette (Heartbreakers Red)*
 3:25 **Drawing For Prizes**

CLINIC DIRECTORS

Bill Pelot - Retired - Lousia County High School - Lousia, VA
 Dick Bankston - Retired - Randolph-Henry High School - Charlotte Court House, VA
 Grant Odell - Deep Run High School, Richmond, VA
 Bobby Straton - Hanover High School, Hanover, VA

THE BASH

3:25 - 3:45 pm ● **The Drop Ball (How to Execute)** *Kacie Clark (Frozen Ropes UCLA)*
 3:45 - 4:05 ● **Indoor Practice (what Is Should Consist of)** *Jackie Davis (Lee Davis H. S.)*
 4:05 - 4:25 pm ● **What is the Difference Between Rotational and Linear Hitting?** *Terry Burdette (Heartbreakers Red)*
 4:25 - 4:45 pm ● **Strike Hitting** *Jackie Davis (Lee Davis H.S.)*
 4:45 - 5:05 pm ● **Creating the Proper Perspectie for Personal Goals and Team Goals** *Charlie Dobbins (Peace)*
 5:05- 5:25 pm ● **Why Vision Training is Important to Hitting** *Chris McKnight (Softball Vision Program)*
 5:25 - 5:35 Break
 5:35 - 5:55 pm ● **The Rise Ball (How to Execute)** *Kaci Clark (Frozen Ropes UCLA) LIVE Demonstration*
 5:55 - 6:15 ● **Coaching the Utility Player** *Charlie Dobbins (Peace)*
 6:15 - 6:35 pm ● **Baserunning at Each Base** *Terry Burdette (Heartbreakers Red)*
 6:35 - 6:55 pm ● **Defencing 1st and 3rd Situations** *Jackie Davis (Lee Davis H. S.)*
 6:55 - 7:15 pm ● **How to Position Your Defense for Different Situations** *Charlie Dobbins (Peace)*
 7:15 - 7:35 ● **Hitting With Inverted Tee Drills That Work** *Chris McKnight (Softball Vision Program)*