

Dad & Daughter's Beginning Pitching School

July 17, 2006

Glen Allen's RF&P Park



Our first Dad & Daughter's pitching school drew over 70 eager pitchers and their parents. Despite the 100 degree temperatures, the training was a great success! In the photo to the left, Rita Lynn demonstrates the rules and mechanics of the pitching motion on the powerline mat.



Amy Northrop knows to keep her weight back or take a noodle in the nose!