

# Krista Lewis

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## Positions: Pitcher/Utility

DOB: 8/25/94  
Height: 5'7"  
Weight: 125  
Throws/Bats: R/R  
Pitching Instructor: Rita Lynn Gilman  
Phone: 804-382-6211

High School: Hickory High School  
City, State: Chesapeake, Va.  
Division: 6  
Coach: Ryan Wieck  
Phone: (757) 636-2086  
Email: [wieckrlo@cps.k12.va.us](mailto:wieckrlo@cps.k12.va.us)

**2009 Academic Achievements:** Honors courses, Honor Roll Student

**2009 HS Athletic Achievements:** Starting Point Guard on Hickory HS JV Basketball Team (Fresh & Soph); Pitcher/Utility Player on Hickory HS JV Softball Team (Freshman)

**Travel Softball Achievements:** Made Virginia Legends 18U Elite Team prior to 15<sup>th</sup> birthday. 24-5 record for Virginia Legends 14U playing mostly 16U schedule during Summer '09. 9-0 record playing in 14U NSA Nationals ('08) 14U PONY Nationals ('08) and 14U ASA/USA Nationals ('09).

**Strengths:** Gritty determined competitor; thrives under pressure; strong work ethic

**Goals:** Pitch at collegiate level

## Class of 2012



### Pitches:

Fastball: 61mph/ 17.2 rps  
Offspeed: 56 mph  
Backhand Change-up: 42 mph/ 16.4 rps  
Peel Drop: 56 mph/ 15.8 rps  
Screw: 54 mph/ 18.3 rps  
Rise: 52 mph/ 20.6 rps

Travel Team: Virginia Legends  
Website: [www.virginalegends.com](http://www.virginalegends.com)  
Travel Coach: Randy Norton  
Phone: (757) 434-1909  
Email: [ransftbl@aol.com](mailto:ransftbl@aol.com)