

Maiven Meghan McKnight
12913 Maple Springs Drive
Fredericksburg, VA 22408
mcknights0621@gmail.com



PERSONAL INFORMATION

Birthdate: 03/16/1995
Height: 5'8"
Weight: 135

Parents: Chris & Kristen McKnight
Cell: 703-863-3827 (F)
Home: 540-891-1879

ACADEMIC ACHIEVEMENTS

High School: Massaponax High
8201 Jefferson Davis Highway
Fredericksburg, VA 22407
(540) 710-0419

Will graduate: 2013
Counselor: Mrs. Marcil

Year in School: Junior
GPA: 3.826

Anticipated College Major: Psychology, Business Administration
Other Areas of Interest: Computer Science, Biology

ATHLETIC ACHIEVEMENTS

Position(s) played: Pitcher, Out Fielder

Throw: Right
Hit: Right

Travel Team: Glory Gold 18U
Coach: Suzy Willemssen (703) 298-8706
Previous Travel Teams: Vienna Stars 18U Showcase, SYA Xplosion

High School Team: Massaponax Panthers
Coach: Ric Dugan (540) 582-6972
Asst Coach: Ron Blackburn (540) 898-9142

Years on varsity: 2

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SOFTBALL HIGHLIGHTS

HIGH SCHOOL SOFTBALL HONORS: Starting varsity pitcher; All-District 2nd Team; All-Area 2nd Team; Massaponax Panther Award 2010.

2010 H.S. Pitching Stats: Inning Pitched: 129 K's: 128 BB's: 8

2011 H.S. Pitching Stats: Inning Pitched: 74 K's: 44 BB's: 7

2011 FALL TOURNAMENTS:

Sep. 17-18 - Newtown Rock September Showcase – Newtown, PA

Sep. 24-25 - Legendary Showcase - Virginia Beach, VA

Oct. 1-2 - Cardinal Clash - Raleigh, NC

Oct. 7-9 - Newtown Rock Showcase - Newtown, PA

Oct. 21-23 - Risings Stars Fall Showcase - Plantation, FL

Oct. 28-30 - TNT Last Look Showcase - Quakertown, PA

MISCELLANEOUS INFORMATION

PITCH SELECTION: Fastball, rise, drop, curve, screw, drop-curve, and change-up.

PITCH SPEED: 60 mph fastball - taken by Rita Lynn Gilman in May 2011.

SPIN SPEED: Fastball (19.7 rps); rise (18.3 rps); drop (19.1 rps); curve (17.3 rps); screw (20.0 rps); change-up (25.0 rps) – taken by Rita Lynn Gilman or GMU w/RevFire.

PITCHING INSTRUCTOR: Rita Lynn Gilman

SOFTBALL CAMPS: D1Draftable Individual Showcase in Richmond, VA, Diamond 9 Recruiting Combine at ESPN Wide World of Sports in Orlando, FL., Softball Profiles Instructional Showcase Camp at CNU, UVA Winter Softball Camp, JMU Winter Camp.

SKILL VIDEOS:

Pitching Video: <http://www.youtube.com/watch?v=QlWM3JjpJUA>

Outfielding Video: <http://www.youtube.com/watch?v=F0bkRnNwnvA>

Batting Video: <http://www.youtube.com/watch?v=RkJYfMGugw>

OTHER ACHIEVEMENTS: I am an active member of my church youth group and volunteer at the regional food bank. I am in the band, co-historian of the Spanish Club, and played JV volleyball.

REFERENCES

Prior Travel Coach: Nichole Thompson, USA Olympic Softball Team (703) 665-0662

Pitching Instructor: Rita Lynn Gilman (804) 382-6211