

# Emma L. Mitchell

## Graduate

# Pitcher

# 2012

### General Info

J.W. & Charlene Mitchell (Parents)  
11102 Mitchell Trail, Doswell, VA 23047  
Home: (804) 876-3665  
Cell: (804) 347-9972  
Email: [Charlene.Mitchell@coldwellbanker.com](mailto:Charlene.Mitchell@coldwellbanker.com)

DOB: 8/20/1994  
Height: 5' 7"  
Weight: 130 lbs  
Positions: RH Pitcher  
Bats/Throws: Right / Right

### 2010 Pitching Stats – High School Team

- \* 18 Wins, 3 Losses
- \* IP = 149.0
- \* ERA = 0.33
- \* SO = 214
- \* Avg K/Game = 10.05
- \* 12 Shutouts
- \* Colonial District Softball Champions

### 2009 Pitching Stats – Travel Team (Glen Allen Blitz)

- \* 26 Wins, 5 Losses
- \* IP = 177.67
- \* ERA = 0.98
- \* SO = 281
- \* Avg K/Game = 11.07

### Teams & Coaches

Travel Team: Richmond Diamonds  
[www.RichmondDiamonds.org](http://www.RichmondDiamonds.org)  
Coach: Walter Pettus  
(804) 221-1811  
[richmonddiamonds@yahoo.com](mailto:richmonddiamonds@yahoo.com)

High School: Patrick Henry High School  
12449 Patrick Henry Road  
Ashland, VA 23005

Division: AAA  
Coach: Matt Crowder  
(804) 370-3481  
[mcrowder@hanover.k12.va.us](mailto:mcrowder@hanover.k12.va.us)

Pitching Coach: Rita Lynn Gilman  
(804) 382-6211

Hitting Coach: Kerri Cobb  
(804) 405-8494

Strength & Conditioning: Bob Blanton  
(804) 741-0318



### Pitches

Fastball: 60 mph / 21.0 rps  
Backhand Change-up: 43 mph / 21.3 rps  
Rise: 55 mph / 24.2 rps  
Screw: 56 mph / 25.1 rps  
Rollover Drop: 56 mph / 19.0 rps  
Drop Curve: 56 mph / 19.0 rps  
Off Speed: 55 mph

### Achievements, Strengths, & Goals

Academics: \* 4.44 GPA – IB Program  
\* National Beta Club

2010 Softball Recognition: \* Colonial District Pitcher of the Year  
\* 1<sup>st</sup> Team All-District, Colonial District  
\* 2<sup>nd</sup> Team All-Regional, Central Region  
\* 2<sup>nd</sup> Team All-Metro, Times-Dispatch  
\* Times-Dispatch Athlete of the Week  
\* DigitalSports.com Player of the Week  
\* Academic All-District, Colonial District  
\* Academic All-Regional, 2<sup>nd</sup> Team, Central Region  
\* Times-Dispatch/Sports Backers Scholar-Athlete Monthly Nominee

Pitching Strengths: \* Strong work ethic  
\* Very disciplined approach  
\* Mentally tough on the mound  
\* Control of variety of pitches  
\* Ball movement

Other Activities: \* Ruriteen Club, Key Club, Patriot Pride Club, Taylorsville Baptist Church

Goals: \* Successful college pitcher

**Emma L. Mitchell**  
**Graduate**

**Pitcher**

**2012**

\* Successful attorney or engineer