

# Charting Pitch Accuracy & Control

Pitcher: \_\_\_\_\_

Date: \_\_\_\_\_

(Total strikes for pitches this location: \_\_\_\_\_)

(Total strikes for pitches this location: \_\_\_\_\_)

Fastball _____
Off-Speed Fastball _____
Riseball _____
Curveball _____

Total for pitches high: \_\_\_\_\_

Fastball _____
Off-Speed Fastball _____
Riseball _____
Curveball _____

Total for pitches outside: \_\_\_\_\_



Total for pitches inside: \_\_\_\_\_

Fastball _____
Off-Speed Fastball _____
Change-Up _____
Drop Curve _____
Drop _____
Off-Speed Drop _____

Total for pitches low: \_\_\_\_\_

Fastball _____
Off-Speed Fastball _____
Change-Up _____
Drop Curve _____
Drop _____
Off-Speed Drop _____

(Total strikes for pitches this location: \_\_\_\_\_)

(Total strikes for pitches this location: \_\_\_\_\_)

Best Pitch: \_\_\_\_\_  
 Best Location: \_\_\_\_\_  
 Best Side: \_\_\_\_\_

Weakest Pitch: \_\_\_\_\_  
 Weakest Location: \_\_\_\_\_  
 Weakest Side: \_\_\_\_\_

Chart all your pitches every two weeks by throwing 10 pitches in a row of each pitch to each of the four corners of the strike zone. To make this really accurate, go through it twice. Make a line for each pitch thrown and a sideways mark through the line if you hit the target.

You'll be amazed at the picture you'll see when you finish your chart. It will help you know what to throw when you need a strike and you'll know exactly what you need to spend time practicing. You will also gain an understanding of what pitches you REALLY throw well versus the ones you think you throw well. You'll not only end up with an accuracy percentage per pitch, but one per location (either inside or outside) and for the bigger location (either high or low).

# *Charting Pitch Combinations*

Fastball Inside Low/Off-Speed Fastball Inside Low:  
Fastball Outside Low/Off-Speed Fastball Outside Low:

Fastball Inside High/Fastball Outside Low (Bunter):  
Fastball Inside Low/Fastball Outside High (Slapper):

Fastball Inside Low/Change-Up Outside Low:  
Fastball Outside Low/Change-Up Inside Low:

Fastball Inside High/Dropball Outside Low:  
Fastball Outside High/Drop Inside Low:

Drop Inside Low/Off-Speed Drop Inside Low:  
Drop Outside Low/Off-Speed Drop Outside Low:

Riseball Inside High/Dropball Outside Low:  
Riseball Outside High/Dropball Inside Low:

Screwball Inside High/Dropcurve Outside Low  
Screwball Outside High/Dropcurve Inside Low

Fastball Inside/Submarine Inside/Fastball Inside

## *Ladders*

Low: fastball or drop: knees, shins, ankles

High: fastball or rise: arm pits, chin, eyes

Inside: black of plate, dirt, batter's box

Outside: black of plate, dirt, batter's box