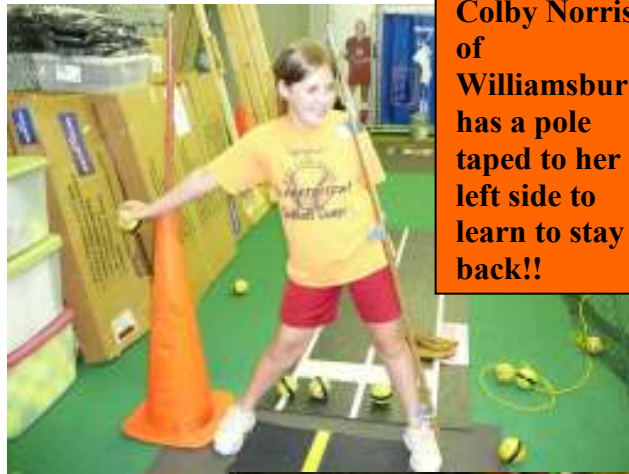


**The much-feared noodle awaits the first student of the day!**



**Colby Norris of Williamsburg has a pole taped to her left side to learn to stay back!!**



**Emily Robinson of Brunswick Academy holds her Tight Spin Trainer that caused her luggage to be withheld on her Caribbean cruise. I'm sure she practiced on the boat! Ha!**



**Ashley Miller of Moyock, NC had to wear a helmet with 3 noodles to try to fix her arm circle problem!**



**Micalah Sacre of Orange HS tries to mess up my speed triangle by hitting 70mph! Good luck gal!!!**



**Ashley of Colonial Heights had to wear the noodle helmet!**





**Lauren McIntyre of Mechanicsville works on push up explosions.**



**Libby Morris of Buckingham tosses a Spin Right Spinner backwards for the rise ball.**



**Brooke Swann of Northumberland gets ready for her junior season at East Carolina Univ. Go Pirates!**



**Katie Alexander of Kecoughtan HS & Lees McRae College prepares for the balance beam.**



**And she shows how hard it is to stay on balance on the beam!**



**Heather Hartman from Mt View HS has lots of props surrounding her!**



**Raven Greer of Broadway, VA in the Death Trap! Note the bar in front of her leg and the bar in her face. One day she'll learn to keep that head back!**



**Shannon Albright of Hanover gives me an ugly look because I put the Throwmax on her arm!**



**Brittany Blankenhip of Midlothian HS & Wingate College shows nice reverse posture!**



**Be A Shark!**  
I love Katie Burkhart's mantra during the College World Series as she pitched Arizona State to a National Championship!  
Claire Guertler of Mechanicsville brought in this way cool hat to support the theme!



**Posing with the personalized chair Casey Clarke gave me!**

# Creative Pitching at RLG, Inc.